

Do you have any special dietary needs

Yes

No

If yes please specify: _____

I will be paying for my own costs: Yes No

The Branch will be paying for my costs

Yes

No

Branch name: _____

Single room supplement per night is €30.00

Please tick one workshop choice for morning and afternoon

Workshops 11.30-12.30:

1.

2.

3.

Workshops 2.30-3.30:

1.

2.

3.

A deposit of €50 secures your place.

Please return this booking form to

MS Western Regional Office

Curragrean, Merlin Park Galway

091 768630 or e-mail western@ms-society.ie

On or before Friday 2nd February 2018

Limited Availability



Soulfeast 2018

“Quiet time”

Shearwater Hotel, Ballinasloe,

Co. Galway

16th –17th February 2018

Return booking forms with €50 deposit as soon as possible (Places are limited).

2 nights B&B, 2 lunches, 1 Gala dinner €150.00pp sharing

 **MS Ireland**
THE MULTIPLE SCLEROSIS SOCIETY OF IRELAND

Weekend Programme

Friday 16th Feb:

Arrival and Registration from 3pm

Refreshments and dinner at own expense

Evening Entertainment in the Bar

Saturday 17th Feb:

Workshops 11.30-12.30:

1. Creative Crafting
2. Yoga
3. Expression through Art

Lunch 1.00pm

Workshops 2.30-3.30:

1. Creative Crafting
2. Yoga
3. Expression through Art

Drinks reception 7.30pm

Gala Dinner 8pm

Sunday 18th Feb:

Keynote Session 11.30: Minding your Mental Health

Lunch & Departure 12.45pm

Directions to Shearwater Hotel Ballinasloe:

We are located off M6 exit 14. Continue straight on the M4 signposted Sligo/ Westport/Galway N5 M6.

Exit at Junction 14 and follow signs for Ballinasloe, hotel is located on the right.

GPS: [53.3264 -8.2195](https://www.google.com/maps/place/53.3264,-8.2195)

Booking Slip Please detach and return to the
Western Regional Office

Name _____

Address: _____

Email _____

Telephone _____

Sharing with _____

Do you require an adapted room? Yes No

(Please note there are only 6 adapted rooms and these will be allocated on a first come first served basis)

Will you be using a wheelchair? Yes No

Is your wheelchair Manual Electric

Please note that any PA help and additional equipment required e.g. Hoist will have to be brought by the individual.